# Welcome to SEQUOIA HIGH SCHOOL









TOOLS FOR SUCCESS

### Counseling Department

#### Counselors:

- Ms. Navarrete
- Ms. Gordon
- Ms. Ortéz-Galan
- Ms. Perez
- Ms. Wise

#### College/ Career Counselor

- Ms. Ignaitis
- Carlos Garcia assistant

#### Guidance Information Specialist (GIS)

- Jose Heredia- GIS/Registrar
- Jerri Port GIS for 9th and 10th grade
- Giulia Solari –GIS for 11th and 12th

# What Does a Guidance Counselor Do?

- Academic Support
  - Graduation information
  - Class schedules
  - Resources to help you successfully pass your courses
- College & Career Advising
- Personal/ Social ConcernsCONFIDENTIALITY

## Graduation Requirements



# How Do I Graduate From Sequoia?

- 1. Earn 220 credits in course requirements
- 2. Pass bothsections on theCAHSEE



Subject	Sequoia Graduation Class 2013 & Beyond	UC & CSU Required A-G LIST <u>No D Grades Accepted</u>	UC & CSU Recommended
Social Studies	3½ Years 35 credits	2 Years 1 yr of World History & 1 Yr of US History	2 Years
English	4 Years 40 credits	4 Years	4 Years
Math	2 Years Algebra & Beyond 20 credits	<b>3 Years</b> Algebra, Geometry, Algebra II,	4 Years
Science	2 Years (Including 1 Lab Science) 20 credits	2 Years 2 Lab Science: Bio & Chem. or Physics	3 Years
Foreign Language	0	2 Years  Must be the same language	3 Years
Visual/Performing Art	1 Year 10 credits	1 Year Must be same course	1 Year
Career Tech Ed (CTE)	1 Year 10 credits	0	
Life Skills	1/4 Year 2.5 credits	0	
P.E	2 Years 20 credits	0	
Elective	62.5 credits	1 Year	

#### **SAMPLE** 4 YEAR EDUCATION PLANS

COLLEGE PREPARATORY				
9th	10 <sup>th</sup>	<sub>11</sub> th	12 <sup>th</sup>	
Studies 1 - 2	World Studies 3	US History	Government/Economics	
h I	English II	English III	English IV	
a I/Geometry	Geometry / Algebra II / Trigonometry	Algebra II /Trigonometry / Pre-calculus	Pre-calculus/IB Math Studies	
ced Integrated Science	Biology/Chemistry/Physics	Biology/BioTec/Human Bio/Chemistry/Physics	Biology/BioTec/Human Bio/Chemistry/Physics	
Language	World Language	World Language	World Language/Academic Elective(A-G)	
Dance	PE 2/Dance/Elective (if Athletic)	CTE Course /Fine Art (preferably A-G)	CTE Course /Fine Art (preferably A-G)	

RIGOROUS COLLEGE PREPARATORY				
9th	10 <sup>th</sup>	11 <sup>th</sup>	12 <sup>th</sup>	
Studies 1 - 2	Wld Stdy 3 / ICAP Wld Stdy 3	US History / IB History of Americas	Government/Economics/20 <sup>th</sup> Century Topics	
English I	ICAP English II	IB English	IB English	
etry	Algebra II / Trigonometry	Pre-Calculus	AP Calculus/IB Math SL	
3iology	Physics/ Chemistry (AS)	IB Environmental Systems/Human Biology	IB Physics/ IB Environmental Systems/ Human Biology	
Norld Language	ICAP World Language	IB World Language	IB World Language	
)ance	PE 2/Athletics/Dance	CTE Course /Fine Art (preferably A-G)	CTE Course /Fine Art (preferably A-G)	

MOST RIGOROUS COLLEGE PREPARATORY (IB Diploma)				
9th	<sub>10</sub> th	11th and 12th		
Studies 1 - 2	ICAP World Studies 3	IB History of Americas/20 <sup>th</sup> Century Topics		
English I	ICAP English II	IB English		
Vorld Language	ICAP World Language	IB World Language		
Biology/ Physics	AS Chemistry / Biology	IB Biology / IB Physics / AS Chemistry/IB Environmental Systems		
a II / Trigonometry	Pre-Calculus	IB Math HL		
ance	Draw-Paint or Art I (pre-req. for IB Vis. Arts)	IB Visual Arts (2 year )/ IB ITGS (1 yr )/ IB Psychology (1 yr – seniors only)		
	Athletics	TOK/CAS requirement/Extended Essay/Fine Art		

<sup>\*</sup>CTE (Career Technical Education) is an elective course in an area of career interest for the student.

## Grades

Earn Credits On Your Transcript

Earn Credits
with grades of
A, B, C, D, or CR

NO credits earned with F, NA, FA or I

Each School Year=
2 semesters=
4 quarters

l semester =
5 credits per class
(Except Student clerk)
l year = 10 credits
per class

Quarter Classes=
2.5 credits
PE &
Driver Ed

## NA & FA Grades

- NA =
  - 12 absences 1<sup>st</sup>-6<sup>th</sup> period or 18 in 7<sup>th</sup> period with 3 or more cuts.
  - Met course objectives but earned no credit due to attendance.
- FA =
  - 12 absences 1<sup>st</sup>-6<sup>th</sup> period or 18 in 7<sup>th</sup> period with 3 or more cuts.
  - Earned no credit due to failure to meet BOTH course objectives & attendance requirement

### SAFE PROGRAM

AFTER SCHOOL TUTORING AND ENRICHMENT
CLASSES
FREE

#### PARENT CENTER

Mayela Ramirez- parent center coordinator, Room 40 – 369-1411, ext. 63105

Angelica Maldonado-parent center assistant, Room 40, -369-1411, ext 63106

- Place for parent workshops
- Basic English and computer classes for parents
- free and reduced lunch applications
- liaison between parent and teachers
- Infinite Campus training
- location for Arena check in assistance.

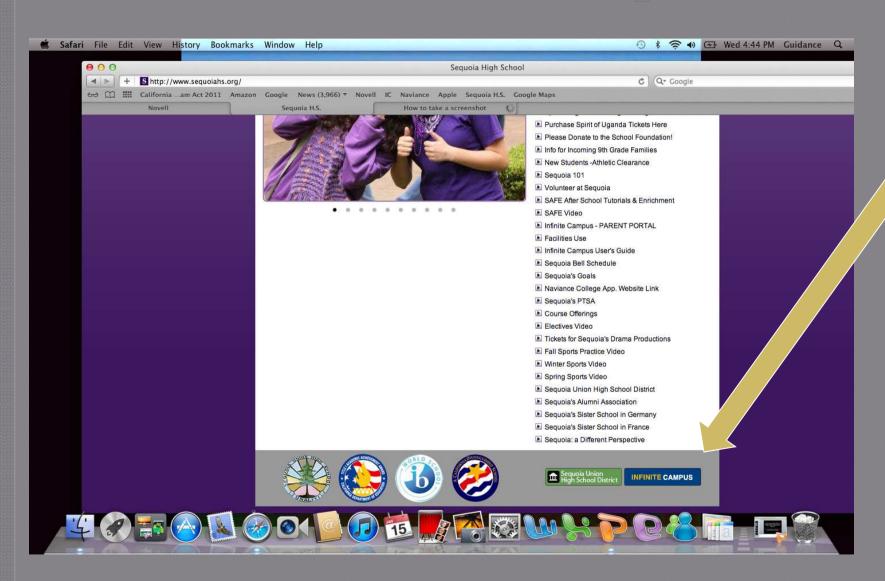
# TOOLS FOR SUCCESS

• INFINITE CAMPUS

•NAVIANCE



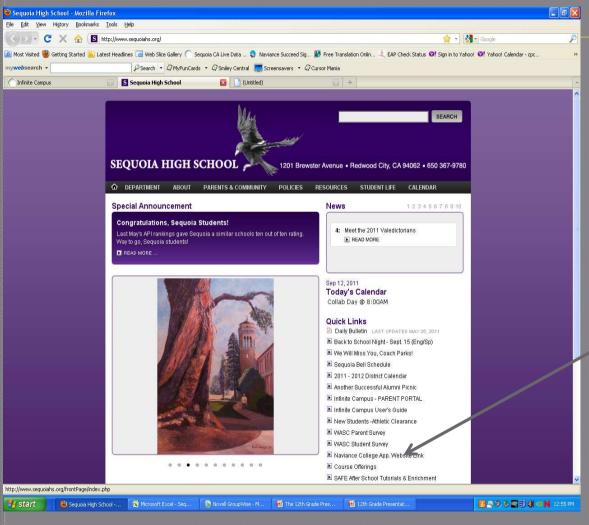
## Infinite Campus "IC"



#### What do I need to use Naviance for?

- 1. College information & research
- 2. Organizing list of colleges you're applying to
- 3. Ordering official transcripts for college & scholarships
- 4. Requesting teacher Letters of Recommendation (LOR) for private colleges
- 5. Requesting Secondary/Mid Year School Reports (SSRs/MYRs) from your counselor for private colleges
- 6. Signing up for college rep visits at Sequoia
- 7. Researching scholarships
- 8. Updating your resume (for jobs & requesting LOR/SSR)

### HOW DO I GET ON NAVIANCE?



Go to the Sequoia High School Web site:

http://www.sequoiahs.or

Go to:
Ouick Links:

Click:
Naviance College
App Website Link

### OTHER RESOURCES

Teen Wellness Center

Teen Resource Center

E mailing your student's teachers via Infinite Campus